



BOY SMARTS ACTION TALK

HOW TO TALK SO
BOYS WILL LISTEN
AND LISTEN SO
BOYS WILL TALK



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Boys who shrug their shoulder with stone-faced uneasiness can bewilder even the most caring and skilled parent. But look behind that stare, and you'll discover a world of processing going on, but it's often unruly, chaotic and daunting. We live

in a culture that tells males to suppress emotions. Aggression and anger become primary ways in which emotions are uttered. To show vulnerability is considered taboo and to have problems with anxiety or depression is considered weak.

- How do boys get lost in our talk and how can we converse so they will listen and understand?
- To what degree is a boy's resistance to talk an act of contempt, confusion, or anxiety?
- How can parents set loving limits as they guide their son through the corridors of boyhood?
- What creates distance? What advances connection?
- How can parents work with school staff so that boys can be more successful learners?
- This in-depth 4 hour workshop (9am - 1pm) offers practical and realistic advice



- Vancouver ~~SOLD OUT~~ April 25 & ~~SOLD OUT~~ September 19, 2009
- Toronto ~~SOLD OUT~~ October 3, 2009
- West Vancouver ~~SOLD OUT~~ November 14, 2008
- Vancouver January 30, 2010
- Oakville March 6, 2010

- Early-bird fee available - Copy of *Boy Smarts*, coffee & snack included!

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BARRY MACDONALD is a teacher, consultant and counsellor who is a champion for strong families, strong schools – and boys. A sought-after speaker, he has worked with thousands of educators & parents. He was identified as 1 of 25 *Influential People to Watch* by the *Vancouver Sun*, and is the author of the bestselling book, *Boy Smarts–Mentoring Boys for Success at School* and recently published *Boy Smarts Action Study Guide*.

REGISTER ONLINE - WWW.MENTORINGBOYS.COM



AGENDA

How to talk so boys will listen & listen so boys will talk...

SELF-ESTEEM COMES FROM THE LIVED EXPERIENCE OF FEELING CAPABLE, CONNECTED TO OTHERS, & KNOWING THAT YOU HAVE SOMETHING TO OFFER.

- This 4 hour **workshop** offers in-depth strategies & understanding about how to raise and best communicate with sons. The ideas covered go beyond the 2 hour introductory presentation and provide practical examples, hands-on demonstrations, & step-by-step guidance to be even more successful with your boy. The group size is much smaller than the evening presentation, allowing for interaction and opportunity to openly discuss and apply *Boy Smarts* ideas in your home and community.



- Why does it seem more difficult to communicate with boys today?
- Why do boys behave in certain predictable ways with respect to conversational style, body language, and patterns of play?
- How might you respond to your boy when he struggles with articulating thoughts & feelings, sometimes leading to communication melt-downs? How can you speak the language your son will understand?
- How can you listen beyond his anger or bravado to guide him?
- What are ways to discipline constructively so that your son learns through the clarity of your actions?
- How can you provide consequences with love & respect?
- How can you encourage autonomy & healthy independence so confidence & capability will flourish?
- How can you inspire your son to become a cooperative team player?
- Poor grades, homework problems, ADHD concerns, and motivation concerns - what's a parent to do?
- Most importantly, this workshop will provide guidance to strengthen your relationship with your son.

- **Become a stronger parent! Learn how to respond in loving ways to challenging behaviours such as:** anger, anxiety, bullied, bullying, cynicism, defiance, doesn't listen, fighting, giving up easily, hitting, homework angst, impulsivity, lack of friends, lying/cheating, meanness, negative peer pressure, perfectionism, rudeness, selfishness, sibling battles, stealing, swearing, talking back, tattling, temper tantrums, whining, and yelling **WHILE** you are calm, loving, and firm.



Mentor your son to become a caring, courageous & ethical man.

BOY SMARTS ACTION TALK

HOW TO TALK SO BOYS WILL LISTEN AND LISTEN SO BOYS WILL TALK

Saturdays, 9am - 1pm



When

SOLD OUT • April 25

SOLD OUT • Sept 19

SOLD OUT • October 3

SOLD OUT • November 14

• **January 30, 2010**

• **March 6, 2010**

- Broadway Church Conference Centre, 2700 East Broadway, Vancouver, BC
- Broadway Church Conference Centre, 2700 East Broadway, Vancouver, BC
- Richmond Hill Centre for Performing Arts, 10268 Yonge St, Richmond Hill, ON
- West Vancouver, Mulgrave School, 2330 Cypress Lane
- Broadway Church Conference Centre, 2700 East Broadway, Vancouver, BC
- Sheridan College - Trafalgar Campus J102, 1430 Trafalgar Road, Oakville, ON

Cost

• **Earlybird rate** \$85.00 (\$80.96 + \$4.04 GST)

- Available until • January 14 for January 30 • February 18 for March 6

• **Regular rate** \$110.00 (\$104.77 + \$5.23 GST)

- Fee includes mid-morning snack and complimentary copy of *Boy Smarts* (240 pages)
- Mailed registrations will be confirmed by email upon receipt of registration/payment
Paypal registrations will be immediately confirmed with a Paypal receipt
- Don't delay. These workshops have consistently **SOLD OUT** before the earlybird date
- No refunds & transfers are **ONLY** granted before earlybird date if event is **NOT** sold out



Questions? - info@mentoringboys.com

Register online • Pay by credit card online  at MentoringBoys.com

Register by mail • Issue cheque (not postdated) to **Sagepoint Consulting Inc.**
& mail registration (ensure date stamp for earlybird date) & payment to:
Boy Smarts Action Talk - (Date of event)
Ocean Park Box 45053, Surrey, V4A 9L1

ONLY for mailed registrations - Circle date: • **January 30, 2010** • **March 6, 2010**

Name(s): _____

Gender & ages of children: _____

Email (please print clearly) _____

Telephone: _____ City: _____