



# BOY SMARTS ACTION TALK

HOW TO TALK SO  
BOYS WILL LISTEN  
AND LISTEN SO  
BOYS WILL TALK



**B**oys who shrug their shoulder with stone-faced uneasiness can bewilder even the most caring and skilled parent. But look behind that stare, and you'll discover a world of processing going on, but it's often unruly, chaotic and daunting. We live

in a culture that tells males to suppress emotions. Aggression and anger become primary ways in which emotions are uttered. To show vulnerability is considered taboo and to have problems with anxiety or depression is considered weak.

- How do boys get lost in our talk and how can we converse so they will listen and understand?
- To what degree is a boy's resistance to talk an act of contempt, confusion, or anxiety?
- How can parents set loving limits as they guide their son through the corridors of boyhood?
- What creates distance? What advances connection?
- How can parents work with school staff so that boys will be more successful learners?
- This in-depth 4 hour workshop (9am - 1pm) offers a practical and realistic guidance
  - WEST VANCOUVER <sup>SOLD OUT</sup> APRIL 24, 2010
  - EDMONTON <sup>SOLD OUT</sup> MAY 1, 2010
  - TORONTO (OAKVILLE) MAY 8, 2010
- Early-bird fee available - Copy of *Boy Smarts*, coffee & snack included.
- Over the past 4 years this workshop has **SOLD OUT** every time!



**B**ARRY MACDONALD is a teacher, consultant and counsellor who is a champion for strong families, strong schools – and boys. A sought-after speaker, he has worked with thousands of educators & parents. He was identified as 1 of 25 *Influential People to Watch* by the *Vancouver Sun*, and is the author of the bestselling book, *Boy Smarts—Mentoring Boys for Success at School* and recently published *Boy Smarts Action Study Guide*.



# AGENDA

SELF-ESTEEM COMES FROM  
THE LIVED EXPERIENCE OF  
FEELING CAPABLE,  
CONNECTED TO OTHERS,  
& KNOWING THAT YOU  
HAVE SOMETHING TO OFFER.

- This 4 hour **workshop** offers parents and teachers in-depth strategies & understanding about how to raise and best communicate with boys. The ideas covered go beyond the 2 hour introductory presentation and provide practical examples, hands-on demonstrations, & step-by-step guidance to be even more successful with mentoring boys. The group size is much smaller than the evening presentation, allowing for interaction and opportunity to openly discuss and apply *Boy Smarts* guidelines in your home, school and community.



- Why does it seem more difficult to communicate with some boys today?
- Why do boys behave in certain predictable ways with respect to conversational style, body language, and patterns of play?
- How might you respond to your boy when he struggles with articulating thoughts & feelings, sometimes leading to communication melt-downs? How can you speak the language your son will understand?
- How can you listen beyond his anger or bravado to guide him?
- What are ways to discipline constructively so that your son learns through the clarity of your actions?
- How can you provide consequences with love & respect?
- How can you encourage autonomy & healthy independence so confidence & capability will flourish?
- How can you inspire your son to become a cooperative team player?
- Poor grades, homework problems, ADHD concerns, and motivation concerns - what's a parent to do?
- Most importantly, this workshop will provide guidance to strengthen your relationship with your son.

- **Learn how to respond in loving ways to challenging behaviours such as:** anger, anxiety, bullied, bullying, cynicism, defiance, doesn't listen, fighting, giving up easily, hitting, homework angst, impulsivity, lack of friends, lying/cheating, meanness, negative peer pressure, perfectionism, rudeness, selfishness, sibling battles, stealing, swearing, talking back, excessive video game playing, temper tantrums, whining, and yelling... **WHILE** you are consistent, calm and loving.



**Mentor your son to become a caring, courageous & ethical man.**

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## HOW TO TALK SO BOYS WILL LISTEN AND LISTEN SO BOYS WILL TALK

2010 Saturdays, 9am - 1pm



**SOLD OUT** • January 30 • February 27 • March 27 • April 24 - **Vancouver**  
**SOLD OUT** • March 6 - **Toronto**  
**SOLD OUT** • March 13 - **Montreal**  
**SOLD OUT** • May 1 - **Edmonton**

• **May 8** - Toronto, Sheridan College - Trafalgar Campus J102, 1430 Trafalgar Road, Oakville

### Cost

• **Earlybird fee** • \$85.00 (\$80.96 + \$4.04 GST) per person

Available until • April 22 for May 8 event, Toronto

• **Regular fee** • \$110.00 (\$104.77 + \$5.23 GST)

• Fee includes mid-morning snack and complimentary copy of *Boy Smarts* (240 pages)

• Mailed registrations will be confirmed by email upon receipt of registration/payment  
Paypal registrations will be immediately confirmed with a Paypal ticket receipt

• Don't delay. These workshops have consistently **SOLD OUT** before the earlybird date

• No refunds. Transfers to another event not granted after earlybird date OR after event is sold out  
Questions? - [info@mentoringboys.com](mailto:info@mentoringboys.com)



### Register online or by mail

• **Pay by credit card online**  **at MentoringBoys.com**

• First, check website to ensure that event is not Sold Out  
Issue cheque (not postdated) to **Sagepoint Consulting Inc.**  
& mail registration (ensure date stamp for earlybird date) & payment to:

**Boy Smarts Action Talk - (Date of event)**  
**Ocean Park Box 45053**  
**Surrey, BC V4A 9L1**

**ONLY for mailed registrations**  • **Toronto, May 8**

Name(s): \_\_\_\_\_

Gender & ages of children: \_\_\_\_\_

Email (please print clearly) \_\_\_\_\_

Telephone: \_\_\_\_\_ City: \_\_\_\_\_