

# SMART START FOR BOYS

MENTORING YOUNG BOYS FOR LIFELONG SUCCESS



- This 4 hour workshop is based on developmental best practices for raising boys between **Birth to Kindergarten**, and is packed with down-to-earth, everyday examples and suggestions to optimally parent your son.
- Early-bird fee available & includes copy of **BOY SMARTS** & Barry MacDonald's new book, **BOYS ON TARGET**.

**BOYS** are much more vulnerable than girls early in life: they mature more slowly, get sick more often, and are less likely to have mastered the language, self-control, and fine motor skills necessary for a successful start in school.

**BOYS** are at greater risk than girls for most of the major learning and developmental disorders – as much as 4 times more likely to suffer from autism, attention deficit disorder, and dyslexia.

**RATHER** than supressing or disapproving boys' physicality, how can parents adapt to it and structure their environments so young boys can express this drive in safe, respectful ways?

**HOW** can parents support their active and exuberantly affectionate young son so he can settle himself to focus, and and soon learn how to read, and eventually write?

**HOW** can we support young boys so their curiosity to explore, question, and wonder is supported as we also prepare them to thrive at school?

**BARRY MACDONALD** is a skilled educator, author, and Registered Clinical Counsellor, who will expertly lead you through the early corridors of boyhood. His highly practical and positive approach will inspire your son to develop both his ingenuity and his integrity.

## MORNINGS 8:30 - 12:30

- **VANCOUVER** ~~SOLD OUT~~  
OCTOBER 16, 2010
- **VICTORIA** ~~SOLD OUT~~  
OCTOBER 30, 2010
- **TORONTO** ~~SOLD OUT~~  
NOVEMBER 6, 2010
- **KELOWNA** ~~SOLD OUT~~  
NOVEMBER 20, 2010
- **MONTREAL** ~~CLOSED~~  
NOVEMBER 27, 2010
- **VICTORIA**  
FEBRUARY 26, 2011
- **VANCOUVER**  
MARCH 5, 2011

- Register today - space limited.

REGISTER ONLINE OR BY MAIL - [WWW.MENTORINGBOYS.COM](http://WWW.MENTORINGBOYS.COM)



# SMART START FOR BOYS

## AGENDA

**BARRY MACDONALD  
WILL TEACH YOU HOW  
TO MENTOR YOUR  
SON FOR LIFELONG  
SUCCESS!**



### MENTOR YOUR YOUNG SON FOR LIFELONG SUCCESS

- How can we manage boys' rough-and-tumble play, appreciating that it promotes physical strength, vents high energy, and teaches healthy social behaviour?
- How can we respond to a boy's tears to encourage a healthy emotional world?
- How can we encourage both competitive and cooperative social behaviours?
- How much free play and independence is enough? How much is too much?
- How can parents discourage hitting and provide boys with a verbal outlet for their frustrations?
- How can we encourage the language of caring while honouring a boy's drive for competition?
- Guns are a scary commodity, yet boys need to act out the roles of warriors, heroes, allies and leaders. How much play with toy guns is appropriate? When and how can this sort of play teach cooperation?
- When are video games good for young boys? When are they harmful?
- How do children learn to read and how can parents nurture readiness?
- How can parents avoid exaggerating gender differences and gender expectations that can lead boys themselves to believe outdated male stereotypes and limit their development?
- This workshop provides practical examples, hands-on demonstrations, and step-by-step guidance to optimally raise young boys and best mentor them for success at school - and life.

- In recent years, as academic expectations have intensified, a boy's slower start can extend into his school years, where boys trail girls in graduation rates, academic performance, and extracurricular leadership positions.
- We know that boys can have a tougher time than girls sitting still, writing and drawing, learning their letter sounds, and negotiating with the peers. How can parents best prepare their sons for the reality of schooling in the years leading up to Kindergarten?



**Mentor your son to become a man of courage and compassion.**

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MENTORING YOUNG BOYS FOR LIFELONG SUCCESS

Saturdays, 8:30am - 12:30pm



- SOLD OUT** • **October 16 Vancouver** Unity of Vancouver, 5840 Oak Street
- SOLD OUT** • **October 30 Victoria** 4 Points by Sheraton (behind Costco) 829 McCallum Road
- SOLD OUT** • **November 6 Toronto** Mabin School, 50 Poplar Plains Road
- SOLD OUT** • **November 20 Kelowna** Holiday Inn Express, 2429 Highway 97
- CLOSED** • **November 27 Montreal** Hampton Inn Montréal, 1900 Trans-Canada Hwy, Dorval
- **February 26 Victoria** 4 Points by Sheraton (behind Costco) 829 McCallum Road
- **March 5 Vancouver** Unity of Vancouver, 5840 Oak Street

## Cost

- **Earlybird fee** • **\$85.00** + HST \$10.02 = \$95.02 per person  
Available until • Nov 8 for Kelowna • Nov 14 for Montreal • Feb 14 for Victoria • Feb 21 for Vancouver
  - **Regular fee** • **\$115.00** + HST \$13.80 = \$128.80 per person
  - Fee includes 2 complimentary books: *Boy Smarts* & *Boys On Target* (over \$67 to order online!)
  - Mailed registrations will be confirmed by email upon receipt of payment  
Paypal will provide you with a receipt, which becomes your ticket and proof of purchase
  - Register today! Workshops have consistently **SOLD OUT** before the earlybird date
  - No refunds. Transfer to another event is not granted after earlybird date OR after event is sold out
- Questions? Email... [info@mentoringboys.com](mailto:info@mentoringboys.com)



## Register online

- **Pay by credit card online**  at [www.MentoringBoys.com](http://www.MentoringBoys.com)

## By mail

- When registering by mail, first check website to ensure that the event is not **Sold Out**  
Issue cheque (not postdated) to **Sagepoint Consulting Inc.**  
& mail registration form below (ensure date stamp for earlybird date) & payment to:

**Smart Start For Boys (Date of event)**  
**Ocean Park Box 45053, Surrey, BC V4A 9L1**

**ONLY for mailed registrations Circle city** • **Kelowna** 8:30 - 12:30 • **Montreal** 8:30 - 1:30 • **Victoria** 8:30 - 12:30 • **Vancouver** 8:30 - 12:30

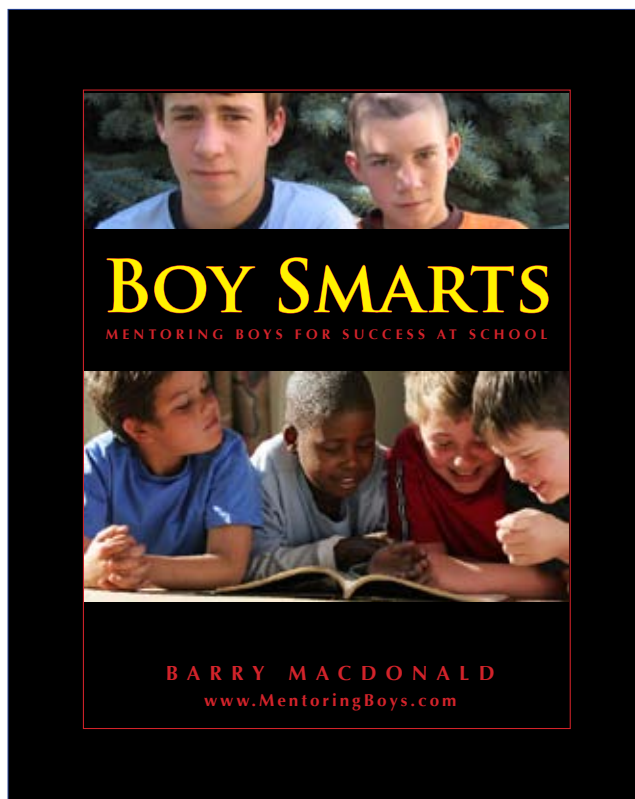
Name(s): \_\_\_\_\_

Gender & ages of children: \_\_\_\_\_

Email (will be returned if not provided) \_\_\_\_\_

Telephone: \_\_\_\_\_ City: \_\_\_\_\_

You will receive 2 fabulous books!  
*Boys on Target* to be released in Oct.



## *Boys on Target* contents...

*Foreword by Dr. Sue Ann Cairns*

*The Plight of Boys*

### **Gender Identities & Cultural Expectations**

- 1 *The Uniqueness of Boys*
- 2 *Why is My Boy So Rambunctious?*
- 3 *How Can I stop My Young Son from Hitting?*

### **Boys in the Family Matrix**

- 4 *Initiating Conversation with Boys*
- 5 *Sibling Rivalry Beyond Cain & Abel*
- 6 *Sibling Rivalry—Finding a Point of Balance*
- 7 *Fostering Peace on the Home Front*
- 8 *Father Hunger*

### **Parents, Boys, & the Culture of Schools**

- 9 *Should We Delay Kindergarten Entry for Boys?*
- 10 *How Can I Get My Boy to Read?*
- 11 *What if Your Boy Is Being Bullied?*
- 12 *Freeing Boys from Anxiety*
- 13 *Should I Reward My Son With Cash for Grades?*
- 14 *Hooked on Video Games!*
- 15 *Are Boys Spending Enough Time Outdoors?*

### **Questions About Boys & Schools**

- 16 *Concerns About ADHD*
- 17 *Auditory Processing Challenges*
- 18 *Parent-Teacher Conferences*
- 19 *Recess Matters*
- 20 *Should Recess be Withdrawn for Incomplete Schoolwork?*
- 21 *Questioning Zero Tolerance & School Suspension*
- 22 *When Sitting Still Is Not Enough*
- 23 *Reframing Attitudes Toward Active Learners*
- 24 *Appreciating Visual-Spatial Learners*
- 25 *Questioning Single-Gender Education*

### **Boys & School Success**

- 26 *Flexible & Creative Educators Help Turn Failure Into Success*
  - 27 *The Curveball of Learning*
  - 28 *Responding Creatively to Masked Anxiety*
  - 29 *Cultivating Capability*
  - 30 *Developing Independence*
  - 31 *Fostering Resiliency*
- Collaborating to Generate Positive Solutions  
 So What Can We Do?*