



BOY SMARTS ACTION TALK

HOW TO TALK SO
BOYS WILL LISTEN
AND LISTEN SO
BOYS WILL TALK



Boys who shrug their shoulder with stone-faced uneasiness can bewilder even the most caring and skilled parent. But look behind that stare, and you'll discover a world of processing going on, but it's often unruly, chaotic and daunting. We live

in a culture that tells males to suppress emotions. Aggression and anger become primary ways in which emotions are uttered. To show vulnerability is considered taboo and to have problems with anxiety or depression is considered weak.

- How do boys get lost in our talk and how can we talk so they will listen and understand?
- To what degree is a boy's resistance to talk an act of contempt, confusion or anxiety?
- How can parents listen and communicate more effectively with boys of all ages?
- What creates distance? What advances connection? How to discipline with love?
- How to work with school staff so that your son can be a more successful learner?
- How can a parent mentor a son to become caring, courageous and ethical man?



- This in-depth 4 hour workshop provides parents specific & practical advice
- 9am - 1pm - Saturday - ~~NO OUT~~ • October 4 and November 8, 2008
- February 28 and April 25, 2009
- Broadway Church Conference Centre 2700 East Broadway, Vancouver
- Early-bird fee available - Copy of *Boy Smarts*, coffee & snack included!

BARRY MACDONALD is a teacher, consultant and counsellor who is a champion for strong families, strong schools – and boys. A sought-after speaker, he has presented to thousands of educators & parents. He was identified as 1 of 25 *Influential People to Watch* by the *Vancouver Sun*, and is the author of the BC bestselling book, *Boy Smarts—Mentoring Boys for Success at School* and recently published *Boy Smarts Action Study Guide*.

TO REGISTER ONLINE VISIT - WWW.MENTORINGBOYS.COM



ACTION TALK AGENDA

- This 4 hour *Boy Smarts Action Talk* workshop offers an in-depth understanding of how to raise and best communicate with sons. The ideas covered go well beyond the 2 hour evening introductory presentation, and will provide practical examples, hands-on demonstrations, and step-by-step instructions about how to be more successful with your boy. The group size is typically around 50 people (where the evening presentation is typically 200 – 500 people) allowing for interaction and opportunity to openly discuss and apply *Boy Smarts* ideas in your home.

How to talk so boys will listen and listen so boys will talk...

- **Introduction:** Why does it seem more difficult to parent and communicate with boys today?
What do the studies have to say about tendencies for boys to behave in certain predictable ways?
From very early on in life conversational style, body language, and patterns of play differ for boys than girls.
 - **Masculine communication styles:** To what degree does your boy think in pictures and you think in words, resulting in a communication melt-down? How can you speak the language your son will understand?
 - **How can you help your boy to manage his feelings** and guide him to learn socially responsible behaviour?
How can you listen beyond his anger, bravado or veneer of aloofness?
 - **What are ways to discipline constructively so that your son learns through the clarity of your actions?**
 - **How to use encouragement and consequences with love and respect** - bring your biggest boy challenge and Barry will show you how to manage the situation in a manner that maintains dignity for everyone.
 - **How can you encourage autonomy** and healthy independence so confidence and capability will flourish?
 - **Chores without wars?** How to inspire your family members to become cooperative team players.
 - **Responding to school challenges:** Poor grades, homework problems, ADHD concerns, and loss of interest in learning at school - what's a parent to do?
 - **Relevant, hand's-on and active learning:** Barry will role-play any situation you bring and show you how to be more confident, relaxed, and effective in your parenting.

 - **Depending on the examples you bring, this action-packed workshop** will show you how to increase your skills so that you can respond to even the most challenging behaviours : anger, anxiety, biting, bossiness, bullied, bullying, cynicism, defiance, doesn't listen, fighting, giving up easily, hitting, homework battles, impulsivity, lack of friends, lying/cheating, meanness, negative peer pressure, overperfectionism, rudeness, selfishness, sibling battles, stealing, swearing, talking back, tattling, temper tantrums, whining, yelling **AND** how to maintain a focus that fosters mutual respect.
- Increase your parenting skills to optimally mentor your son to become a caring, courageous & ethical man.**



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When

- Saturday, 9am - 1pm • ~~Oct 4~~ ^{SOLD OUT} • Nov 8, 2008 • Feb 28 • April 25, 2009

Where

- **Broadway Church Conference Centre**, 2700 East Broadway, Vancouver

Cost

- **Earlybird rate** (includes GST) • individual \$85.00 • couple \$125.00

If postmarked by **Sept. 26** for Oct 4, **Oct 31** for Nov 8, **Feb 12** for Feb 28, **April 9** for April 25

- **Regular rate** (includes GST) • individual \$110.00 • couple \$160.00

- Fee includes coffee/tea, snack and a complementary copy of *Boy Smarts* (240 pages)
- Mailed registrations will be confirmed by email upon receipt of registration/payment
Paypal registrations will be immediately confirmed with Paypal receipt

- Please note that these workshops are typically sold-out by the early-bird deadline
- No refunds after 7 days before event. **Questions?** Email sagepoint@telus.net



Register online • Pay by credit card online  at MentoringBoys.com

Register by mail • Issue cheque (no postdated) to **Sagepoint Consulting Inc.**
& mail registration & payment to (ensure postmarked for earlybird date):

Boy Smarts Action Talk
Ocean Park Box 45053, Surrey, V4A 9L1

Only for mailed registrations - Circle date - • ~~Oct 4~~ ^{SOLD OUT} • ~~Nov 8~~ ^{SOLD OUT} • Feb 28 • April 25

Name(s): _____

Gender & ages of children: _____

Email (your registration is confirmed by email only – please print clearly)

Telephone: _____

City: _____