



BOY SMARTS ACTION TALK

HOW TO TALK SO
BOYS WILL LISTEN
AND LISTEN SO
BOYS WILL TALK



Boys who shrug their shoulder with stone-faced uneasiness can bewilder even the most caring and skilled parent. But look behind that vacant stare, and you'll discover a world of processing going on, but it's unruly, chaotic and daunting. We live in a culture that conveys emotional suppression. Aggression and anger become the primary ways in which emotions are uttered. To show vulnerability is considered taboo and to have problems with anxiety or depression is considered weak.

- How do boys get lost in narrative and how can we talk so they will listen and understand?
 - Is a boy's resistance to talk an act of contempt, or is it confusion and anxiety?
 - How can parents listen and communicate more effectively with boys of all ages?
 - What creates distance with boys? What advances connection? How to discipline?
 - How can you partner with school staff so that your son can be more successful?
 - How can parents lead boys to become caring, courageous and ethical men?
-
- This in-depth 4 hour workshop provides parents specific & practical advice
 - 9am - 1pm - Saturdays - October 4 and November 8, 2008
 - Broadway Church Conference Centre 2700 East Broadway, Vancouver
 - Early-bird fee available - Copy of *Boy Smarts*, coffee & snack included!

BARRY MACDONALD is a teacher, consultant and counsellor who is a champion for strong families, strong schools – and boys. A sought-after speaker, he has presented to thousands of educators & parents. He was identified as 1 of 25 *Influential People to Watch* by the *Vancouver Sun*, and is the author of the BC best-selling book, *Boy Smarts—Mentoring Boys for Success at School* and recently published *Boy Smarts Action Study Guide*.

TO REGISTER VISIT - WWW.MENTORINGBOYS.COM



ACTION TALK AGENDA

- This 4 hour **Boy Smarts Action Talk** workshop offers an in-depth understanding of how to raise and best communicate with sons. The ideas covered go well beyond the shorter evening introductory presentation, and will provide practical examples, hands-on demonstrations, and step-by-step instructions about how to be more successful with your boy. The group size is typically around 50 people (where the evening presentation is typically 200 – 500 people) allowing for interaction and opportunity to openly discuss and apply **Boy Smarts** ideas in your home.

How to talk so boys will listen and listen so boys will talk...

- **Introduction:** Why does it seem more difficult to parent and communicate with boys today? Did you know that a BC study of Grade 7 youth found that boys are twice as likely as girls to consider dropping out of school before completion? The same study also revealed that only 27% of boys in Grade 7 indicated that “I have a friend who helps me when I am having a hard time” *very much of the time*, compared to 60% of Grade 7 girls. What is a parent to do?
- **Masculine communication styles:** To what degree does your boy think in pictures and you think in words resulting in a communication/emotional melt-down? How well do you know your boy anyway?
- **How can you help your boy to deal with his feelings** and guide him to reach up the emotional ladder? How can you listen beyond his bravado and veneer of indifference? How to support a boy with spider senses?
- **What are alternatives to punishment** that actually teach your son ethical and socially responsible behaviour?
- **Consequence solutions that meet the 5 R's** - bring your biggest boy challenge and Barry will show you how to manage the situation in a manner that maintains dignity for everyone while also getting results.
- **How can you encourage autonomy** and healthy independence so confidence and capability will flourish?
- **Chores without wars?** How to inspire your family members to become cooperative team players.
- **Responding to school challenges:** Poor grades, ADHD, and loss of interest in school - what's a parent to do?
- **Relevant, hand's-on and active learning:** Barry will role-play any situation you bring and show you how to be more confident, relaxed, and deeply satisfied in your parenting.

- **This action-packed workshop** will show you how to deal with even the most challenging behaviours: anger, anxiety, biting, bossiness, bullied, bullying, cynicism, defiance, doesn't listen, fighting, giving up easily, hitting, homework battles, impulsivity, lack of friends, lying/cheating, meanness, negative peer pressure, overperfectionism, rudeness, selfishness, sibling battles, stealing, swearing, talking back, tattling, temper tantrums, whining, yelling **AND** how to maintain a focus that fosters mutual respect.

Parent your son to become a caring, courageous and ethical man.



BOY SMARTS ACTION TALK

HOW TO TALK SO BOYS WILL LISTEN AND LISTEN SO BOYS WILL TALK



When Where

Saturdays, 9am - 1pm • **October 4** • **November 8, 2008**

Broadway Church Conference Centre

2700 East Broadway, Vancouver

Cost

• **Earlybird rate** (includes GST) • individual \$75.00 • couple \$115.00
If postmarked by **Sept. 26** for **October 4th** **Oct 31** for **November 8th**

• **Regular rate** (includes GST) • individual \$100.00 • couple \$150.00

• **To pay by credit card**  <http://www.mentoringboys.com/paynow.html>

- Fee includes coffee/tea and snack and 1 copy of Boy Smarts (240 pages)
- Confirmation of registration will be emailed upon receipt of payment or Paypal

• Please note that workshops are typically sold-out by the early-bird deadline



Questions

Contact coordinator: **sagepoint@telus.net**

Pre-register

Use PayPal or issue cheque to **Sagepoint Consulting Inc.**
& mail registration & payment to (ensure postmarked for earlybird):

Boy Smarts Action Talk, Ocean Park Box 45053, Surrey, V4A 9L1

Circle Date: Oct 4 OR Nov 8

Name(s): _____

Gender and ages of children: _____

Email (your registration is confirmed by email – print clearly)

Telephone: _____ City: _____